 **PATIENT STICKER**

**Skin Type Matrix**

Please answer the following questions by circling the number which best describes you.

Your clinician will total your score during the consultation.

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| **My ethnic origin is closest to**: | Very fair (Celtic and Scandinavian) Fair-skinned Caucasian with light hair and light eyesPale-skinned Caucasian with dark hair and dark eyesOlive-skinned (Mediterranean, some Asian, some Hispanic) Dark-skinned (Middle Eastern, Hispanic, Asians, some African) Very dark-skinned (African) | [ ] [ ] [ ] [ ] [ ] [ ]  |
| **My eye color is:** | Light blue Blue / GreenGreen / Gray / GoldenHazel / Light brownBrown | 01234 |
| **My natural hair color at age 18 was**: | RedBlondeLight brownDark brown Black | 01234 |
| **The color of my skin that is not normally exposed to sun is:** | Pink to reddishVery Pale Pale with a beige tanLight brownMedium to dark brown Dark brown - black | 012345 |
| **If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:** | Burn, blister and peel Burn, then when burn resolves there is little or no color changeBurn, but then turns to tan in a few daysGet pink, but then turns to tan quickly Just tanJust gets darker My skin color is so dark I can't tell | 0123456 |
| **When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?** | Longer than one month agoWithin the past monthWithin the past two weeksWithin the past week | 0123 |
|  | Total Score: | **\_\_\_\_\_** |

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| --- | --- | --- |
| **If your score is:****0 – 3****4 – 7****8 – 11****12 – 15****16 – 19****20 – 24** | **Your skin type is:****1****2****3****4****5****6** |  |

**Additional skin response questions:**

If you sustain an injury to your skin such as a cut, burn, or bruise, how long does it take to fully resolve without any hyperpigmentation? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What happens if you get an insect bite? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_