 **PATIENT STICKER**

**Skin Type Matrix**

Please answer the following questions by circling the number which best describes you.

Your clinician will total your score during the consultation.

|  |  |  |
| --- | --- | --- |
| **My ethnic origin is closest to**: | Very fair (Celtic and Scandinavian)  Fair-skinned Caucasian with light hair and light eyes  Pale-skinned Caucasian with dark hair and dark eyes  Olive-skinned (Mediterranean, some Asian, some Hispanic)  Dark-skinned (Middle Eastern, Hispanic, Asians, some African)  Very dark-skinned (African) |  |
| **My eye color is:** | Light blue  Blue / Green  Green / Gray / Golden Hazel / Light brown  Brown | 0  1  2  3  4 |
| **My natural hair color  at age 18 was**: | Red  Blonde  Light brown  Dark brown  Black | 0  1  2  3  4 |
| **The color of my skin that  is not normally exposed to  sun is:** | Pink to reddish  Very Pale  Pale with a beige tan  Light brown  Medium to dark brown  Dark brown - black | 0  1  2  3  4  5 |
| **If I go out into the sun for  an hour or so without sunscreen  and have not been out in the sun  for weeks, my skin will:** | Burn, blister and peel  Burn, then when burn resolves there is little or no color change  Burn, but then turns to tan in a few days  Get pink, but then turns to tan quickly  Just tan  Just gets darker  My skin color is so dark I can't tell | 0  1  2  3  4  5  6 |
| **When was the last time the area  to be treated was exposed to natural  sunlight, tanning booths or artificial  tanning cream?** | Longer than one month ago  Within the past month  Within the past two weeks  Within the past week | 0  1  2  3 |
|  | Total Score: | **\_\_\_\_\_** |

|  |  |  |
| --- | --- | --- |
| **If your score is:**  **0 – 3**  **4 – 7**  **8 – 11**  **12 – 15**  **16 – 19**  **20 – 24** | **Your skin type is:**  **1**  **2**  **3**  **4**  **5**  **6** |  |

**Additional skin response questions:**

If you sustain an injury to your skin such as a cut, burn, or bruise, how long does it take to fully resolve without any hyperpigmentation? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What happens if you get an insect bite? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_